

# September Menu 2024

## Monday

Whole Grain  
Cheerios with  
Fresh Banana  
& Milk

Graham Crackers  
& 100% Apple  
Juice

## Tuesday

Sliced French  
Toast  
Sticks with  
Strawberries &  
Milk

Whole Grain  
Animal Crackers  
& Pineapples

## Breakfast Wednesday

Whole Grain  
Pancakes with  
Oranges  
& Milk

## Snack

String Cheese &  
Ritz Crackers

## Thursday

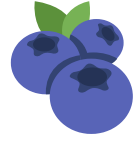
Whole Grain  
Toast with Nutella  
Fresh with Apple  
Slices & Milk

Cheese Crackers  
& Fresh Banana

## Friday

Bagels  
Fresh Blueberries  
& Milk

Goldfish & 100%  
Apple  
Juice



## Lunch

## Monday

9-Beef Franks,  
Beans,  
Fruit Cocktail,  
Hotdog Buns  
& Milk

16-Ground Beef,  
Pasta (WG),  
Tomato Sauce  
Corn & Milk

23-Steak Fingers,  
Green Beans,  
Oranges  
Dinner Roll  
& Milk

30-Macaroni &  
Cheese, Peas &  
Carrots, Mixed Fruit,  
& Milk

## Tuesday

3- Beef Meatballs,  
Fruit Cocktail,  
Green Beans,  
Dinner Rolls & Milk

10-Soy Nut Butter,  
w/Jam on Whole  
Grain Bread, Sliced  
Celery, Apples &  
Milk

17-Non-Fat Greek  
Yogurt, Pretzels,  
Cucumbers,  
Raisins,  
& Milk

24- Corndog,  
Peaches, Peas  
& Milk

## Wednesday

4- Turkey &  
Cheese on  
Bread, Carrots,  
Applesauce &  
Milk

11- Turkey &  
Cheese on Bread,  
Carrots,  
Applesauce,  
& Milk

18- Turkey &  
Cheese on Bread,  
Carrots,  
Applesauce &  
Milk

25- Turkey &  
Cheese on Bread,  
Carrots,  
Applesauce,  
& Milk

## Thursday

5- Chicken  
Nuggets, Peas,  
Bread, Peaches  
& Milk

12-Chicken Strips,  
Green Beans,  
Peaches, Rolls &  
Milk

19-Chicken  
Nuggets, Rolls,  
Peas, Peaches &  
Milk

26- Fish Sticks,  
Coleslaw, Fruit  
Cocktail, Bread &  
Milk

## Friday

6-Turkey Sausage  
Patty, Pancakes  
(WG), Hash Brown,  
Applesauce  
& Milk

13-Turkey Sausage  
Patty, Pancakes  
(WG), Hash Brown,  
Applesauce  
& Milk

20-Turkey Sausage  
Patty, Pancakes  
(WG), Hash Brown,  
Applesauce  
& Milk

27- Bring Your  
Own Lunch Day

